

TEFCA and You

The Trusted Exchange Framework and Common Agreement™ (TEFCA™) streamlines how **patients** and **doctors** access and share electronic health information.

TEFCA will make it easier for you to:

Access your health records

Stay informed about your care

Collaborate more effectively with your doctors



Your Health Information...in YOUR Hands

Your health information lives in many electronic health record systems at various hospitals and doctors' offices.

This can be especially challenging when you have multiple doctors or ongoing chronic health conditions, requiring you to manage many sources of health information.

TEFCA will bring this information together, so patients and caregivers can access all records and medications from one place.

TEFCA Is a Digital Game Changer for Patients

TEFCA will deliver many important benefits for patients when their providers and insurance companies participate. You will be able to:

- Allow your health information to follow you, when you move, change doctors, or start a new insurance plan.
- Track the decisions you make with your doctors.
- Track your immunization and vaccination information.
- Share your health records and communicate about your care with your primary care physician and other providers.
- Allow your caregivers to access your health information with your permission.

Get Started with TEFCA Securely

TEFCA is expanding rapidly!

Ask your healthcare providers and your consumer app vendor if they're connected to TEFCA to get started.

Rest assured: These apps must agree to specific rules about how they will **protect** and **use** your data. But – your health data is personal, and you play a role in protecting it.

When your records are pulled into your health app from your medical providers, you assume some of the responsibility to protect them.

Although TEFCA-connected consumer health apps agree to many of the terms of HIPAA, you should read the fine print and ensure you understand how the health app vendor intends to use your data.

